



Jobs

Criminal Justice Support Network

The Criminal Justice Support Network are looking for **volunteers** who are interested in supporting people with an Intellectual Disability or Acquired Brain Injury who become involved with the Police and Courts, either as a person who has been arrested, or they may be a victim or a witness to a crime.

IDRS provide this service 24 hours a day, 7 days a week. Clients and Police are able to call a toll free number – 1300 665 908

Full training provided. For more information Phone Rory Brooks 0429 455 474 or rory@idrs.org.au

Grants

NEW - Optus Connecting Communities Grants Program

Region: National

Amounts: \$5,000

Closing Date: 12 August

Purpose: Optus Connecting Communities Grants funding will be awarded to projects aimed at building social inclusion and supporting disengaged youth. 2011 will be the fourth year we have run the grants program.

Overview:

- **Building Social Inclusion:**
 - by providing access to communications - Ensuring that we can provide access to communications to individuals or groups that are currently excluded is one way that Optus can make a significant contribution to society and help improve lives.
 - by connecting disengaged communities - Supporting services, networks and groups across Australia to help build local capacity and develop solutions to improve community issues and concerns

- **Supporting disengaged youth:**

- by improving their education, life skills and knowledge - Helping disadvantaged young people improve their education, life skills and knowledge is key to changing their future and helping them to reach their full potential in life. Improving the education of disadvantaged youth will also help in providing more employment opportunities which also benefit the local economy.

These grants are aimed at assisting communities and therefore individuals and for-profit organisations are not eligible to apply for grants through the Optus Connecting Communities Grants Program. Optus will only accept applications for the Optus Connecting Communities Grants Program from or on behalf of Australian Incorporated organisations that have been endorsed by the Australian Taxation Office (ATO) as Tax Concession Charities (TCC) and Deductible Gift Recipients (DGR). If you are unsure of your organisation's tax status, check with your financial advisor and the Australian Government's ABN website www.abr.business.gov.au

How to apply: Online

Contact Details

Email: connectingcommunities@optus.com.au

Website Info:

<http://www.optus.com.au/portal/site/aboutoptus/menuitem.cfa0247099a6f722d0b61a108c8ac7a0/?vgnextoid=ce3897ce70973210VgnVCM10000002cd780aRCRD>

Telephone: 1300 729 320

NSW Seniors Week Grants- ADHC

Grants are available to help communities develop and organise local NSW Seniors Week projects. Applications open on 1st August and close on the 26th August 2011. Seniors Week will be held on the 18th-25th March 2012.

Each year in March, more than 900 events take place across metropolitan, regional and rural NSW to celebrate the valuable contribution seniors make to our community.

There are two categories of grant funding for NSW Seniors Week projects:

- Up to \$500
- \$1,000

Eligible activities

We are seeking activities that promote some of the following objectives of NSW Seniors Week:

- celebrate older people and their continuing contribution to family, friends, workplaces and communities
- provide enjoyable opportunities for getting together, both with older people and across the generations
- demonstrate that seniors can be healthy, active and continue to learn/promote and celebrate the diversity of older people in our communities challenge some of society's stereotypes around ageing and invite us all to consider our relationships with, and attitudes towards older people.

For more information go to website www.adhc.nsw.gov.au

General Updates

NEW – Gosford TAFE

Gosford TAFE is holding a free introduction to Computers Course on Tuesdays nights for Culturally and Linguistically Diverse people. Students will learn how to send emails, search the Internet and learn how to do word processing. Students need to be Australian citizens, permanent residents or on eligible temporary visas.

The class is held on Tuesday nights 6-9pm. Call Emma at Gosford TAFE on 4348 2290

NEW – Memory Lane Café

The Memory Lane Café is a place for carer's to come with the person they are caring for and share a cup of coffee with other people who are in similar situations in a relaxing yet stimulating environment. The Café will be open between 10am – 1pm on the first Monday of every month at Blue Haven Community Centre, 37 Colorado Drive, Blue Haven.

For more information please call Leanne 4334 2633 ext 122 or Vicki 4324 4244 ext 512

The Café is run in partnership with ADSSI and Community Care Services – Central Coast Ltd.

NEW - CALD backgrounds

The Minister for Health and Ageing, Mark Butler, has announced that translation and interpreting services will be made available to older Australians in aged care facilities who come from Culturally and linguistically Diverse (CALD) backgrounds.

The purpose of the service is to help older people from non-English speaking backgrounds communicate on health and aged care matters.

NEW – Samaritans

The Samaritans supported Independence program (SIP) provides skills-building activities and support for people with a disability. Sam's Café at The Entrance Community Centre, The Entrance which was opened earlier this year is a new and exciting venture with the support of Wyong Council. The main goal of this venture is to support clients in a real and working environment and give them real workplace experience, social inclusion and to build confidence for the possibility of employment in the hospitality industry in the future.

Sam's Café is opened each and every Friday with a variety of hot drinks, cold drinks, snacks and on the menu for lunch are toasted Turkish melts, pies and sausage rolls.

For more information please contact the Café on a Friday on 4333 7162 or The Samaritans Foundation Monday – Thursday 4384 8400.

NEW – Ageing and Disability Support Service Inc.

ADSSI has respite available through HACC ongoing respite in Gosford and Wyong Local Government Areas

Short respite breaks – out of home – at Breakaway for:

Young physical disability (18-65 years) from 19th – 21st October

Young intellectual disability (18-65 years) on the 16th September – 18th September

Both these camps on a weekend so that clients can remain in work and training activities during the week.

For more information please contact Cheryl – 4334 2633 Ext 123

NEW – Physical Disability Council of NSW

The Physical Disability Council of NSW invite the input of people aged over 50 years with a physical disability to support a survey to better understand the impact of ageing on the everyday lives of people with a physical disability. Please follow the link below to access the survey form.

http://www.surveymonkey.com/s.aspx?sm=sNjV0yG8arH6J5BI4KP5Bw_3d_3d

Please return the survey form to:

Physical Disability Council of NSW
3/184 Glebe Point Road,
Glebe. NSW. 2037
Call: 1800 688 831

NEW - Down Syndrome

From July 1, eligible children will have access to new Medicare items under the Better Start for Children with Disability Initiative (Better Start).

Better Start will assist children with developmental disabilities to access funding for early intervention services.

Eligibility

Children up to the age of six with hearing and sight impairments, cerebral palsy, Fragile X syndrome and Down syndrome will be eligible to register for assistance. To register, children need to be assessed by one of the following:

- A state/territory government or equivalent multi-disciplinary assessment team.
- Pediatrician
- Other consultant physician

For more information on Better Start, visit the initiative's new website:

<http://betterstart.net.au> or the Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA) website: www.fahcsia.gov.au

NEW – Bungree Aboriginal Association

Bungree Aboriginal Association is the local service provider to run the Intensive Family Based Services program (IFBS). This program is a new support program for vulnerable Aboriginal children and families in Wyong. The program is in line with Keep Them Safe: which commits to a greater proportion of Child and Family services being delivered by NGOs.

The primary goal of the IFBS is to stabilize families so that Aboriginal children can stay home with their family and community in a safe, stable and nurturing environment.

Referral to Bungree Aboriginal Intensive Family Based Service (Wyong) can only be made by Wyong and Tuggerah Lakes Community Services Centres.

For further information please contact Belinda Field on 4351 0633 or email: belinda.field@bungreeifbs.com

NEW – Sue Mann Nursing and Community Care

Sue Mann Nursing and Community Care has a HACC funded Podiatry Program for Gosford and Wyong Shires. Referrals may be made from any source (ie public/family, GP, hospital, HACC agencies). HACC funded agencies are requested to send referrals on the CIARR or own referral.

The target groups are older persons or people with a disability with a clinical podiatry need having difficulty accessing podiatry care due to financial constraints and has transportation difficulty to access a podiatry clinic. Persons with diabetic foot care will be prioritized. Sue Mann Nursing and Community Care provide: podiatry clinical assessment; podiatry care by home visit due to limited transportation; liaison with carers, family and doctors; and making referrals to other HACC and community care services as required.

Other programs are: HACC Funded Personal Care Program, HACC funded Social Support Memory Loss Monitoring Program.

For more information phone: 4365 3200 or email: mail@suemann.com.au

NEW – Independent Living Centre NSW

Independent Living Centre NSW is a leading information, education, and advisory centre for [Assistive Technology](#) and the [Built Environment](#). We are located in Parramatta, NSW Australia and are a not-for-profit, community based organisation and Public Benevolent institution registered as a charity in New South Wales.

Independent Living Centre NSW has all types of Assistive Technology: Aids for daily living; Environmental controls eg; switches of telephone or TV; mobility aids; augmentative communication eg: devices to assist people with speech and hearing; home workplace modification; computer aids; recreation; prosthetics and orthotics; seating and positioning.

For more information phone: 1300 885 886 Email: help@ilcnsw.asn.au

Website: www.ilcnsw.asn.au

NEW – Brain Injury Awareness Week

Brain Injury Awareness Week is from the 15th – 21st August 2011. This year Assisted Living Programs (formerly CASS) will be holding their bi-annual dance at Diggers on the 19th August. For more information see below in **“Upcoming Events”** for more details.

There is also the “Bangonabeanie” Campaign which is striving to encourage people to buy a blue branded beanie to support Brain Injury Awareness Week. This is a fun way to create awareness about ABI while helping to raise funds to deliver more essential services.

For more information on “Bangonabeanie’ Campaign go to www.bangonabeanie.com.au

NEW Heads Together Central Coast Brain Injury Support Group

The new "Heads Together Central Coast Brain Injury" support group meets 1st Thursday each month at 2pm in the Wyong Old Primary School Rankens Court Wyong. Next meeting Thursday, 1st September, 2011. Heads Together is a support group that has been established to help people with an acquired brain injury and their carers, to share their experience of living active and meaningful lives in their homes and community, and by doing that supporting each other. The group is unique in that it is run by people with an acquired brain injury & their carers for people with an acquired brain injury & their carers. The group is proudly supported by the Brain Injury Assn. of N.S.W
Enquiries Shayne 43328300 or Mark 0411274882 or e-mail headstogether1@bigpond.com "

NEW – Central Coast Community College

Central Coast Community College are currently offering the following classes for people with a disability at Woy Woy:

Art and Craft – Saturday 9.30am – 1.30pm

Music and Drama – Saturday 1.30pm – 5pm

Dance and movement – Thursday 6pm – 9pm

Please contact Jean Ardley or Hazel Gibbons on 4348 4300

Website: www.cccc.nsw.edu.au

NEW – BrightSky Australia

The CAPS (Continance Aids Payment Scheme) has now passed its 1st year. The lump some payment is now \$506.80 as of 1st June 2011, up from last year.

It has been reported, after the first year, that the scheme has been under utilized especially within the area of disability and within families unaware that their children have now reached the eligible age to qualify for this scheme.

The Federal Government has chosen BrightSky Australia to be a consultant and provider for this scheme and this not for profit organization is offering a free in-service for disability agencies and their clients detailing the eligibility criteria and financial benefits available to people with severe/permanent bladder/bowel health issues.

Please contact:

Grant Mould

Consultant, BrightSky Australia,

Central Coast/Hunter

Mob: 0424 174 698 or Email: grant.mould@brightsky.com.au

NEW – Cynthia Street Neighbourhood Centre

Free tax help on Mondays by appointment at Cynthia Street Neighbourhood Centre, 10 Cynthia Street, Bateau Bay by appointment only 4332 7450

GO4FUN

The Go4Fun Program is an established healthy lifestyle program to improve health, fitness, self esteem and confidence in children above their ideal weight.

The program runs over one school term (10weeks). There are 20 sessions (2 sessions/week, 2hrs/session). All sessions run after school. Sessions include: games, activities and swimming for kids; easy, effective ways to improve children's self esteem and confidence; demonstrations, games and tips on healthy foods, label reading and portion sizes; a fun supermarket tour and a chance to try delicious new foods.

The program is completely free, funded by NSW Health and is located at Gosford Pool; Peninsula Leisure Centre; Mingara and Toukley Aquatic Centre.

For more information please contact: Rebecca Elliott on 4394 7974.

Mental Health Art Works

The Mental Health – Art Works Exhibition 2011 is on again. Entries close on Monday 15th August 2011. This art works is hosted by the Central Coast Mental Health Service as part of mental health month 2011. For an entry pack contact: Jenice, Central Coast mental health Service – 4320 2941 or email jalliston@nscchahs.health.nsw.gov.au

Exhibition dates:

7th – 16th October 2011, Studio Gallery, Gosford Regional Gallery & Arts Centre, 36 Webb Street, East Gosford.

My Time

If you know anyone who has a child of any age with a disability or chronic illness they are invited to attend. My Time is on every Wednesday from 9.30am – 11.30am at the “Jabiru Cottage” in the grounds of Northlakes Public School in San Remo.

For more information please contact Chris Berryman on 4390 9718

Support group for Cancer Patients in Need

The Cancer Council, working in partnership with Community Care Services Central Coast are establishing a pilot program in the Peninsula area.

The new group on the Peninsula aims to support people living with cancer and their carers who have been missing out on practical home and social help because they don't meet government funding criteria.

Anyone interested in volunteering for the project who live close to the Peninsula area is invited to contact us for more information on 4336 4500

Fairhaven Services

Fairhaven Services offer training in areas listed below for people with a disability. Sessions are conducted by an experienced industry specific trainer.

Circle of Friends – maximum group of 6

Subjects covered are: Who is in my life; different types of relationships; appropriate and inappropriate touch; making safe choices.

Minimum block of 2x2 hour sessions - \$600.00

Sexuality Training – maximum group of 6 (part1)

Subjects covered are: Self Awareness; private and public places; private and public behavior; setting boundaries

Minimum block of 2 x 2 hour sessions - \$600.00

Sexuality Training (individual training)

Training is tailor to suit participant needs.

Minimum block of 5 x 1 hour sessions - \$400.00

All training is offered at Fairhaven Services Point Clare site, however training can be negotiated at other sites.

All training is offered at the Fairhaven site at Point Clare however, a requirement to carry out training at a particular site can be negotiated. This may be of particular interest to local schools both from the private and public sector for students with a disability in years 11 or 12. For further information please contact Carlene Brzozowski on: 4323 3566 or 4322 2277

Upcoming Events

NEW – Central Coast Community Council Inc

Central Coast Community Council Inc. is holding a workshop on “Legal First Aid for Community Workers. This workshop will cover subpoenas; writing wise and compliant client notes.

When: Wednesday 24th August 2011

Time: 9am – 12 noon

Where: Tuggerah Lakes Community Collage, 1 Bay Village Road, Bateau Bay

Price: \$22 with morning tea if booked and paid for by close of business 11th August
or \$44 after 12th August

Book through: <http://www.theccccc.org.au/events/workshops-courses/legal-first-aid-for-community-workers>

NEW – Australian Red Cross

The Australian Red Cross is holding a session to help people learn about how to help their community when an emergency strikes.

When: Saturday 20th August

Time: 10am

Where: San Remo Neighbourhood Centre, Brava Avenue, San Remo

For further information call 9229 4111

NEW – South Lakes Bereavement Support Group

South Lakes Bereavement Support group are for family and friends who have lost a child through miscarriage, still birth, accident or illness. All interested people are welcome.

When: Wednesday 24th August 2011

Time: 1pm – 3pm

Where: Morisset Community Centre, 143 Dora Street, Morisset

RSVP: Monday 22nd August 2011

For further information call: 4369 3171

NEW – Central Coast Disability Network

Assisted Living Programs (formerly CASS) which is the Acquired Brain Injury project of Central Coast Disability Network is holding its Bi-annual **Brain Injury Awareness Dance**. This year the theme is **“OP SHOP GLAM”**.

When: Friday, 19th August 2011

Time: 7pm

Where: Diggers@The Entrance

Cost: \$25 per head for 2 course meal and entertainment

Tickets are available at CCDN – 4324 2355 and numbers need to be in by Friday 5th August.

NEW Suicide Safety Network (Central Coast)

The Suicide Safety network (Central Coast) are holding a memorial service on World Suicide Prevention Day on:

When: Friday, 9th September 2011

Time: 10am – 11am

Where: Gosford Sea Scouts Hall, Masons Parade Gosford (adjacent to the Sailing Club)

For more information please call: Lesley – 0458 255 030 or Liz – 4369 1431

NEW – Glenvale Fair

Glenvale School will be holding a fair which will be lots of fun for children with face painting, jumping castle, free tattoos, stalls, food, and entertainment. Contact the school with numbers if you are bringing groups of children.

When: Friday, 9th September 2011

Time: From 10am

Where: Glenvale School, Narara Creek Road, Narara

NEW Hunter Regional HACC Forum

Hunter Regional HACC will be holding a forum “Real People Doing Real Things” to discuss Commonwealth and State latest update; Technology in Business Delivery; Practical Implications of person Centre Care; Victorian Govt. Active Service Model; Regional Dementia Plan Consultation; NDIS; Stronger Together 2; The Gathering; Access point update and local initiatives.

When: Thursday, 15th September 2011

Time: 9.30am – 4pm

Where: Kooindah Waters Central Coast, 40 Kooindah Boulevard, Wyong

Please RSVP by 1st September to jodi.livesley@gosford.nsw.gov.au

NEW – Suicide Prevention

St Vincent de Paul Society is hosting a Blue Ribbon Charity Dinner for the Prevention of Suicide on the Central Coast. The guest speaker will be Tim Webster from Ten news and 2UE Radio.

When: Friday, 16th September 2011

Time: 6.45pm – 10.30pm

Where: “The Pavillion”, Diggers@The Entrance, 315 The Entrance Road, The Entrance

Cost: \$75 per person or table of 10 for \$700

RSVP: Friday 9th September, 2011

For further information please call: Lesley West 0458 255 030 or email: suicidecharitydinner@yahoo.com.au or visit www.suicidesafetynetwork.com.au

Conferences/Training/Expos

NEW – Dramatic Potential

Preventing Drama Fatigue programme is specifically designed as educational training for the individual. The cost of burn-out for an individual, their families and the organisations they work for, is huge. This workshop helps you:

- understand what drives your clients drama;
- know how to identify the psycho/social/emotional needs being met through drama;
- discover the real hidden gains from perpetuating drama;
- learn useful interventions to break patterns of destructive drama;
- match your expectations with your clients progress and resources;
- manage dependence and develop effective strategies;
- appreciate your own drama hooks and how to manage them efficiently and successfully

When: 30th August

Where: Wyong neighbourhood Centre, Watanobbi Annex

Time: 9am – 5pm – 8.30am registration

Cost: \$100

For more information phone: 0427 0077 24 or email: Jacqui@dramaticpotential.com

BrightSky Australia

BrightSky Australia has supported people with a disability for more than fifty years and have developed a renowned level of clinical expertise in the areas of continence and wound care.

They will be holding two workshops in Sydney.

Product application for wound care: Wound assessment and choosing appropriate dressings

When: 18th August 2011

Time: 1pm – 5.30pm
Where: Northcott Disability Service, 1 Fennell Street, North Parramatta
Cost: \$65

For more information contact 1300 88 6601 or go to the BrightSky website.

SYDNEY CAREX CONFERENCE

Wound/Skin Care Seminar

This seminar will provide delegates with contemporary clinical information on wound/skin care as well examining issues surrounding product/equipment selection and management responsibilities/skills for improving wound/skin care outcomes.

When: Wednesday 10th August 2011
Where: Rosehill Racecourse
Time: 9.30am – 1.00pm
Cost: \$132 inc. GST

Dementia Care Seminar

This seminar will cover:

- Palliative care service delivery: getting on the same page
- Comfort & pain management: a holistic approach
- Grief & Loss: an issue for all involved in palliative care

When: Thursday, 11th August 2011
Where: Rosehill Racecourse
Time: 9.30am – 12.30pm
Cost: \$143 inc. GST

For more information please call Wayne Woff – 0422 484 209 or email office@totalagedservice.com.au

BETTER HEALTH SELF MANAGEMENT

Central Coast Local Health Network is holding courses in “Better Health Self-Management”. If you know someone who is having trouble with chronic health conditions this workshop may help. The workshop teaches strategies and techniques for managing symptoms as well as improving health and quality of life.

The workshops run once a week for six weeks and each weekly workshop session runs for 2½ hours.

When Thursday 4th August
Where: Kincumber
Cost: FREE (includes morning tea)

Please phone 4328 7340 or 4328 7341 for more information

Central Coast GROW Groups

Central Coast Grow groups are a peer support program for people with a mental illness designed to help them live lives full of meaning, hope and optimism.

Group: Woy Woy
When: Monday 7:00pm
Venue: St. Luke's Anglican Church Hall, 151 Blackwall Road Woy Woy (behind Church)
Organiser: Amber **Phone:** 4368 3677

Group: Bateau Bay
When: Thursday 10:30am
Venue: Baptist Church, 8 Yakkalla Street Bateau Bay (Back of church)
Organiser: Kevin **Phone:** 0413 060 852

Group: Wyong
When: Wednesday 6:30pm
Venue: Mckinnon Community Hall, Bakers Lane WYONG
Contact: Michael **Phone:** 0424 525 253

Contact GROW NSW for all group locations:

Phone: 1800 558 268

Website: www.grow.net.au

Interagency Matters

Disability Interagency Meeting

Next Disability Interagency Meetings will be held on:

9th November 2011

PLEASE NOTE: NEW VENUE:

Erina Centre (next to Erina Library)

Erina Fair

Room Space 3

Have you wanted to be informed about anything special?

Have you wished the Disability Interagency Meeting covered a certain topic?

If so please inform CCDN on info@ccdn.com.au

Central Coast Community Services Interagencies and Forums

A list of the CC Interagencies and Forums have been compiled to make relevant stakeholders aware of what interagency work is happening on the Central Coast. The document includes the contact, meeting cycles and venue details. The list is available from Anne Boyle at CCDN. Contact 43242355. CCDN will distribute the document via the interagency contact list.