



Jobs

NEW-Max Employment

One of the largest disability employment services in Australia. providing jobs and training for unemployed and highly disadvantaged, to progress a long term job and build a great self esteem. For further information visit www.maxemployment.com.au

Criminal Justice Support Network

The Criminal Justice Support Network are looking for **volunteers** who are interested in supporting people with an Intellectual Disability or Acquired Brain Injury who become involved with the Police and Courts, either as a person who has been arrested, or they may be a victim or a witness to a crime.

IDRS provide this service 24 hours a day, 7 days a week. Clients and Police are able to call a toll free number – 1300 665 908

Full training provided. For more information Phone Rory Brooks 0429 455 474 or rory@idrs.org.au

Grants

NEW Promotion of Sexual Health Week 2011

Sexual Health Week is between the 12th and 18th September 2011. This year in order to promote Sexual Health Week you can apply for a \$1,000 grant.

Grants will be provided to projects that increase awareness and understanding about sexual health issues and encourage young people to think about the choices they make in relation to their sexual health. Priority will be given to innovative and creative projects, particularly those which focus on marginalised young people such as those that are same sex attracted (gay, lesbian, bisexual), transgender or gender diverse, homeless, in correctional facilities, living with disabilities, Aboriginal or from culturally and linguistically diverse backgrounds. Project activities and events should take place during Sexual Health Week.

Closing date for the return of applications is Friday 20th May 2011.

For more information please call Julie Asprey – 4320 2999 or email: jasprey@nscchahs.health.nsw.gov.au

NEW Community Awareness Grants – Organ and tissue donation

The Organ and Tissue Authority is pleased to announce the availability of Community Awareness Grants to support the Australian Government's policy for Australia to implement a World's Best practice Approach to organ and Tissue Donation for Transplantation.

As part of this national reform program, the organ and Tissue Authority is committed to achieve a sustainable and lasting increase in rates of organ and tissue donation to improve access for Australians to life-saving and life-transforming transplantations.

Total funding of \$340,000 will be available for activities conducted to promote organ and tissue donation with people from culturally and linguistically diverse backgrounds, including Aboriginal and Torres Strait Island people.

Applications for grants are invited from non-government organisations and professional bodies, including community-based, not for profit, cultural and religious organisations or local government associations.

Closing date for applications is 5pm AEST Friday 20th May 2011, information about application process and relevant documentation can be found at www.donatelife.gov.au . Successful applicants will be notified by Friday 10th June 2011.

General Updates

NEW "One stop shop" for aged care entry

As from the 1st July 2011, older Australians and their carers will find it easier to access and navigate the aged care system with the introduction of a single phone number to access and navigate the system.

The Government is committed to making it easier for Australians to access aged care services, with the establishment of local care and assessment teams over the next 3 years.

The system will also be closely aligned with medicare locals and local hospital networks to ensure people's health needs are detected and addressed, with services coordinated across the health and aged care systems.

For more information:

<http://www.health.gov.au/internet/ministers/publishing.nsf/Content/mr-yraa-mb-mb038.htm>

NEW Mental Illness Fellowship of Australia

Mental Illness Fellowship of Australia will be presenting “Unlocking the Door to health and Wellbeing: Where do we find the key?”

The aim of this event is to get all of Australia talking and thinking about the physical health of people affected by mental illness by:

- Discussing the latest evidence about the health of people living with a mental illness and what we need to do about it.
- Hearing personal stories from consumers, carers and service providers about the challenges of building good physical health and how to overcome these challenges.
- Building hope for a better future by identifying practical things we can all do to improve the physical health of people with a mental illness.
- Enjoying a lively discussion with audience participation from around Australia and from people at home.

This event will be broadcasted at 3pm on 21st May 2011

For more information please contact:

Susan Golley

Mental Illness Fellowship of Australia – 0421 809 883

To register <http://www.meetview.com/healthwellbeing20110521/>

NEW 2011 – 2012 Entertainment Book - Fundraising

The New Entertainment Book is available from Central Coast Disability Network for \$60.00 with over \$15,000 in valuable offers. The vouchers are valid till June 1st 2012. Funds raised from selling the books will go towards funding consumer holidays.

Please see attached Flyer for purchasing the books direct via credit card payment or by contacting Central Coast Disability Network on 43242355. If you would like printed flyers for your organization please call CCDN on 43242355.

NEW Killarney Village Central, Community Centre (formerly Killarney Vale Community Hub)

Killarney Village Central celebrated the official opening and naming of the Hub last week.

Where: Killarney Vale Public School, Hendricks Rd, Killarney Vale 2261. Access via School gate on Wyong Rd Parking available at Killarney Vale Oval (off Wyong Rd)

Contact Lauren Sliwinski Community Facilitator (Monday-Thursday)

Direct Phone: 02 4388 2876 Mobile: 0421 215 426 Email: www.bensoc.org.au

NEW The Raising Children Network

The Raising Children Network is looking for Australian parents of children with special needs aged 3-9 years to take part in the evaluation of a new online program. This online tool, called the Behaviour Skills Builder, will help parents manage their child’s difficult behaviour.

Parents can complete the program in their own time. The program guides parents through a step-by-step process that helps them understand why the difficult behaviour occurs. It also helps them tailor plans and strategies to suit their child.

There are sets of questionnaires to fill in before and after the program – each set will take about 20 minutes to complete.

For further information please contact us by ringing the freecall 1800 334 155

NEW URL links from FaHCSIA

ADE Website	www.australiandisabilityenterprises.com.au
International Day of People with Disability (3 Dec each Year)	www.idpwd.com.au
Companion Card	www.companioncard.gov.au
Link Magazine	www.linkonline.com.au
Disability Parking website	www.disabilityparking.gov.au
Centrelink-Pulse eNewsletter (for people on Disability Support Pension)	http://pulse.centrelink.gov.au
Grantslink	http://www.grantslink.gov.au
AusTender	http://www.tenders.gov.au/
Carers Australia	www.carersaustralia.com.au
Ramp Up	http://www.abc.net.au/rampup
Australia Human Rights Commission	http://www.hreoc.gov.au/disability_right/
Australian Federation of Disability Organisations	http://www.afdo.org.au/

NEW Wyong Community Transport Social Support Project

Wyong Community Transport Social Support Project provides a paid Travel Assistant for people who need a little extra help while on outings with Community Transport in either Gosford City or Wyong Shire.

Wyong Community Transport offers mobility for people in the community who are “transport disadvantaged”. Passengers using Wyong Community Transport may be unable to walk from home to the bus stop, or find it difficult to manage the steps of a normal bus. They may use a wheelchair or walking frame, or have some cognitive impairment that makes travel difficult.

For more Information phone: 4392 5633

NEW Certificate 111 Education Support Course

TAFE has just held an information session for a new Central Coast Class for the Certificate 111 Education Support Course (School Learning Support officer – formerly Teachers Aid Special).

Course should begin Semester 2, July 2011

For more information and application form please contact catherine.starling@tafe.nsw.edu.au

NEW Keep Them Safe

The Keep Them Safe principles in action were proposed by Justice James Wood. Below presents the third principle, and identifies some of the actions being taken that align with the principle.

Principle

- The child protection system should be child focused, with the safety, welfare and wellbeing of the child or young person being of paramount concern, while recognizing that supporting parents is usually in the best interests of the child or young person.
- [note: the first half of this statement remains the “paramount principle” of the Children and Young persons (Care and protection) Act.]

Actions that support this principle

- Implementation of Whole of Family Teams, located within health, responding to parent alcohol and other drug, and mental health issues that are impacting on the safety and well being of children
- Support services for families whose children are at risk of coming into care, through the Early Intervention and Placement prevention Program (previously CSGP funding through Community Services).
- Engaging with families where children are in care, and restoration has been identified as a possibility.
- Changes in Children’s Court proceedings to increase consistency in practice standards and reduce the oppositional nature of proceedings. Included in this is extension of Alternative Dispute Resolution options.
- Increasing collaboration between agencies such as Community Services and Ageing Disability and home Care

This Information Brief has been produced by the Central Coast Keep Them Safe Regional Project Manager - Chris Krogh.

Chris can be contacted via Department of Premier and Cabinet on 4337 2311, or

chris.krogh@dpc.nsw.gov.au

Comprehensive information about Keep Them Safe can be found at

www.keepthemsafe.nsw.gov.au

Life Living Is For Everyone

The thought that someone you know and care about could be in crisis and attempt suicide can be very confronting and heart breaking. Life Living Is For Everyone is a service that can assist with knowing where to get help and support for that person in crisis. This service offers a 24-hour professional counseling and ongoing support line.

For more information contact www.lifeisforeveryone.com.au

Older Persons' Legal & Education Program

This is a partnership program between Legal Aid NSW and the Aged-care Rights Service (TARS) to improve older person' access to legal services through advice, assistance, advocacy, representation and education.

TARS through its Older Persons Legal Service, provides free telephone and some face to face legal advice, assistance and education for older people in NSW in a wide range of areas of law. Legal Aid NSW provides free face to face legal advice and assistance to older people through its 21 regional offices.

Further information contact TARS on (02) 9281 3600 or 1800 424 079

Email: tars@tars.com.au

Independent Living Centre

Located in Parramatta NSW, this not-for-profit community based organization is recognized as a charity. Their purpose is to inform people's choices of assistive technology by providing impartial advice and information.

For more information contact 1300 885 886 or email welcome@ilcnsw.asn.au

Free Shuttle Bus Service

The Gosford free shuttle bus will be replacing the existing route 41, and will operate on a continuous loop around the city centre- connecting the train station and transport interchange with local shops, hospitals and community hubs. Shuttle buses run every 20 minutes and are a fast and easy way to get around.

Monday- Friday: 8:45am- 2:45pm

Saturday: 9:05am- 4:05pm

Sunday: 9:05am, 12:05pm, 3:05pm

Australian Government Directory of Services for Older People 2011

This directory is a guide to Australian Government programs and services of interest to older people. It contains a brief description of each these and provides contact information for most listings.

Free copies of the directory can be ordered at National Mailing and Marketing. Phone 02 6269 1080 or email health@nationalmailing.com.au

NSW Health website Active and Healthy

A new NSW Health website www.activeandhealthy.nsw.gov.au is now available. It is a web based directory of best- practice community exercise programs with a falls prevention component. It is a statewide directory available for local communities, health professionals,

exercise leaders and health service staff to access falls prevention information, and to identify falls prevention exercise programs in their local area. The registered exercise programs have been reviewed against specific criteria established by falls experts.

If you have any comments, updates or additional information for the directory, please contact the Carer Support team on 4320 5556 or by email CSUCC@nscchs.health.nsw.gov.au

Upcoming Events

NEW Burnside

Burnside is celebrating National Volunteers Week as well as Burnside's "100 Years of Caring".

Where: Warnervale Family & Community Centre, 51 Sparks Road, Woongarah
When: Friday 13th May
Time: 10am – 12 noon
RSVP: Monday 9th May

This day will show people more about the great volunteering possibilities available at Burnside Family Centres.

For more information phone: 4392 8734 or 4350 9000

NEW Wyong Shire Council

Wyong Shire council is offering a free workshop to arm people with the tools and tricks to live a more sustainable life. The Great Council Cook-off will be a fun way to experience sustainable cooking while learning about the creative challenge of cooking with leftovers, responsible buying and how to save and store food correctly to avoid waste.

When: Sunday 15th May 2011
Time: 2pm – 5pm
Where: Wyong Civic Centre Function, Hely Street, Wyong
Cost: Free

For further information please call 4350 5555

NEW - National Day of Action

National Day of Action is set for 8th June. The submissions of the O'Farrell government have given a new sense of urgency for this day. In a shock last minute submission to Fair Work Australia (FWA) the NSW government has said that there is no case for equal pay and no case for a wage increase for SACS workers.

The government filed a submission and made the following points:

Pay Increase

No case has been made that would justify the granting on equal pay order

Funding

If the increases the ASU seeks are granted then the government will want productivity trade offs

The law

The government submission attempts to overturn the recent advances in the law in relation to equal pay, insisting that women must show that they are discriminated against before they are entitled to an equal pay order

You work

Your work is not similar or the same as the work done in the public sector

A Rally will be held in Hyde Park and march on to Parliament House.

When: Wednesday, 8th June midday.

It is imperative that we send a clear message to the Government that its submissions are a total affront to SACS workers and to women in general

NEW – Fairhaven Services

Fairhaven Services is holding their annual fete.

Entertainment will be varied throughout the day including Sing Australia, Central Coast Concert Band, Jake Cassar and the Happy Tappers. There will also be displays from Kariiong Fire Brigade and Australia Walkabout Wildlife Park.

When: Saturday, 7th May

Venue: 209 Brisbane Water Drive, Point Clare

Time: 9am – 3pm

For further information please contact Sue at Fairhaven on 4323 3566 or 0407757866

Coastwide Child and Family Services

Free sessions will be running for parents/ families/ carers of young children with disabilities, chronic medical conditions or suppressed immune system. These sessions will provide action plans, help and advice, a way to communicate within the same circumstance and simple starter packs for more information on support and more resources.

Workshop sessions will be held:

Thursday morning: 9:03am- 11:00am

Liberty Family Church, 129-131 Erina Street Gosford

Also have 2 other MyTime groups operating in Gosford and Peninsula areas

Tuesday 9:30am- 11:00am- Umina Surf Club

Friday 1:00pm- 2:30pm- Erina Community Health Centre

Booking is highly recommended. Ph: 4340 1111 or email: mytime@ccfdc.com.au

FairHaven Markets/ Fete and Bingo

DAVISTOWN RSL MARKETS AND FETE 2011

A large undercover market held in the Club's Auditorium flowing out to the veranda. Held once a month on a Sunday from 9am-2pm. Cost per site of \$20-\$25- insurance required- booking essential.

Venue: 19 Murna Road, Davistown.

Markets: June 19th, July 17th August 21st, September 18th October, November 20th and December 18th

POINT CLARE MARKETS/ FETE 2011

209 Brisbane Water Drive, Point Clare

Large outdoor markets, booking is essential \$20 per site

Saturday May 7th (combined Fete and Markets) 9am-3pm

Saturday October 29th (Spring Markets) 9am-3pm

Central Coast Community College: Art & Craft

Funded classes of arts and crafts for adults with disabilities living in the Wyong/ Gosford Local Government area; with an unpaid carer. Classes are on Saturday 12:30pm - 4:30pm March-June 2011. For enrolment applications or enquiries' contact Jean Ardley or Hazel Gibbons: 4348 4300 or email info@cccc.nsw.edu.au

The Entrance Community Cafe- Play Cafe

Play cafe, coffee chat and play. Every Wednesday 10am to 12pm from the 23rd February 2011 Children welcomed, great coffee and snacks, healthy child friendly food, books, toys, play equipment, meet other parents / carers who live in the area, chat and relax.

No booking required

The Entrance Community Centre, cnr Oakland and Battely Aves The Entrance.

For more information contact Sally Jope on 4253 0093

Paula Jarman 0410 026 142

Multicultural Craft and Conversation Group

Multicultural craft and conversation group, invite all women who are speakers of English as a second background to participate in craft making with childcare available free of charge. Term 2 is mosaic Arts- coloured glass, stone and pottery picture designs.

TERM 2: 9th May to 27th June (mosaic art)

Monday 30th May- Yoga for beginners

Monday 27th June- Vegetable gardening

Where: Northern Women's Health Centre, 7 Rose Street WYONG

Cost: No Cost, however gold coin donation appreciated

Childcare: available free of charge- please advise when booking.

Booking: Essential **Phone** 4351 11 52 **Email:** nwhc.reception@cccwhc.com.au

Men's Interagency Central Coast NSW

A one-day, skills and sector development seminar, with Alan Jenkins
When: Wednesday 25th May
Venue: Green Central-(Youth Connections site at Kariong)
Cost: \$99 (inc GST) Includes seminar, morning tea, lunch
Bookings: www.menintergragency.com
Enquiries: phone Chris Krogh (02) 4337 2311

Conferences/Training/Expos

NEW Stress and Anger Management course

Central Coast Community College – Ourimbah have a Stress and Anger Management Course about to run. People can learn how to cope with the stress and anger in day to day situations. Improve ability to manage and reduce tension and anxiety. Learn how thinking, exercise and nutrition affect your energy levels and learn different strategies for managing stress.

When: Sunday 22nd May 2011
Where: Central Coast Community College, Shirley Street, Ourimbah
Time: 9.30am – 3.30pm

For more information please contact: Hazel Gibbons – 4348 4303

Or

Holly Egan a registered Psychologist is able to conduct individual anger management/emotional regulation sessions. She is happy to bulk bill if client is referred by GP under the Better Access to mental health Scheme.

Holly's phone number is 0478 060 370

NEW The Central Coast Volunteer Expo

The Central Coast Volunteer Expo is coming up.

When: Wednesday, 11th May 2011
Venue: Niagara Park Community Centre, Niagara Park Shopping Centre
Time: 10.30am – 2pm (information session starts at 10.30am)

For more information please contact Volunteering Central Coast 4329 7122 or recruitment@volunteeringcentralcoast.org.au

NEW Autism Spectrum Disorders

ADHC is holding a FREE information session on Autism spectrum Disorders. The speaker will be Dr. Sturgeon who has worked locally in the public and private health systems. He has over

14 years experience working with children with Autism spectrum Disorders and is highly qualified and experience in his field.

When: Wednesday, 18th May 2011
Where: East Maitland Bowling Club, Banks Street, East Maitland
Time: 10am – 3.30pm

For more information please call Carolyn Parsons – 4987 3733

Email: Carolyn.parsons@dhs.nsw.gov.au

NEW – Better Health Self Management

Central Coast Local Health Network is holding courses in “Better Health Self-Management”. If you know someone who is having trouble with chronic health conditions this workshop may help. The workshop teaches strategies and techniques for managing symptoms as well as improving health and quality of life.

The workshops run once a week for six weeks and each weekly workshop session runs for 2½ hours.

When: Thursday 5th May
Where: Woy Woy
Or
When: Thursday 4th August
Where: Kincumber
Cost: FREE (includes morning tea)

Please phone 4328 7340 or 4328 7341 for more information

Central Coast GROW Groups

Group: Woy Woy
When: Monday 7:00pm
Venue: St. Luke’s Anglican Church Hall, 151 Blackwall Road Woy Woy (behind Church)
Organiser: Amber **Phone:** 4368 3677

Group: Bateau Bay
When: Thursday 10:30am
Venue: Baptist Church, 8 Yakkalla Street Bateau Bay (Back of church)
Organiser: Kevin **Phone:** 0413 060 852

Group: Wyong
When: Wednesday 6:30pm
Venue: Mckinnon Community Hall, Bakers Lane WYONG
Contact: Michael **Phone:** 0424 525 253

Contact GROW NSW for all group locations:

Phone: 1800 558 268

Website: www.grow.net.au

TAFE: Children Services

Service designed for those working with youth and community services who want to update their knowledge in line with Keep Them Safe legislative changes. The role of the mandatory reporter will be covered as well as the policy and procedural implications of the legislative changes.

Venue: Yerra Early Childhood Centre TAFE/ University Campus, Brush Rd. Ourimbah

Course Options: Tuesday 14th June- 6:30pm- 8:30pm

Delivery: 2 hours face to face workshop session

Cost: \$45.00 P.P

Group Size: Minimum of 12 - Max of 25

Presenter: Selma Jo Wastell

Enquiries: Commercial Course Co-ordinator

Phone: 4979 1691

Post Registration form to: TAFE NSW, PO Box 138, Cardiff NSW 2285Or **Fax:** 4979 1699

TAFE: Keep Them Safe

Service designed for those who want to update their knowledge in line with Keep Them Safe legislative changes. The role of the mandatory reporter will be covered as well as the policy and procedural implications of the legislative changes.

Venue: Yerra Early Childhood Centre TAFE/ University Campus, Brush Rd. Ourimbah

Course Options: Wednesday 8th June 2011- 4:30pm- 6:30pm

Delivery: 2 hours face to face workshop session

Cost: \$45.00 P.P

Group Size: Minimum of 12 -Max of 25

Presenter: Selma Jo Wastell

Enquiries: Commercial Course Co-ordinator

Phone: 4979 1691

Post Registration form to: TAFE NSW, PO Box 138, Cardiff NSW 2285 Or **Fax:** 4979 1699

Interagency Matters

Disability Interagency Meeting

Next Disability Interagency Meetings will be held on:

11th May 2011

10th August 2011

9th November 2011

PLEASE NOTE: NEW VENUE:

Erina Centre (next to Erina Library)

Erina Fair

Room Space 3

Have you wanted to be informed about anything special?

Have you wished the Disability Interagency Meeting covered a certain topic?

If so please inform CCDN on info@ccdn.com.au

Central Coast Community Services Interagencies and Forums

A list of the CC Interagencies and Forums have been compiled to make relevant stakeholders aware of what interagency work is happening on the Central Coast. The document includes the contact, meeting cycles and venue details. The list is available from Anne Boyle at CCDN. Contact 43242355. CCDN will distribute the document via the interagency contact list.