



Jobs

NEW-Max Employment

One of the largest disability employment services in Australia. With providing jobs and training for unemployed and highly disadvantaged, to progress a long term job and build a great self esteem. For further information visit www.maxemployment.com.au

Criminal Justice Support Network

The Criminal Justice Support Network are looking for **volunteers** who are interested in supporting people with an Intellectual Disability or Acquired Brain Injury who become involved with the Police and Courts, either as a person who has been arrested, or they may be a victim or a witness to a crime.

IDRS provide this service 24 hours a day, 7 days a week. Clients and Police are able to call a toll free number – 1300 665 908

Full training provided. For more information Phone Rory Brooks 0429 455 474 or rory@idrs.org.au

Grants

NEW: Centralised Respite Allocation

Applications open on Monday 14th February and close on Friday 8th April for the flexible respite for carer's under the age of 65yrs.

Calls will be taken from 9am-4pm on 1300 205 268

General Updates

NEW- Life Living Is For Everyone

The thought of someone you know and care about could be in crisis and attempt suicide can be very confronting and heart breaking. Life Living Is For Everyone is a service that can help with knowing where to get help and support for that person in crisis. This service offers a 24-hour professional counseling and ongoing support line.

For more information contact www.lifeisforeveryone.com.au

NEW- Older Persons' Legal & Education Program

This is a partnership program between Legal Aid NSW and the Aged-care Rights Service (TARS) to improve older person's access to legal services through advice, assistance, advocacy, representation and education.

TARS through its Older Persons Legal Service, provides free telephone and some face to face legal advice, assistance and education for older people in NSW in a wide range of areas of law. Legal Aid NSW provides free face to face legal advice and assistance to older people through its 21 regional offices.

Further information contact TARS on (02) 9281 3600 or 1800 424 079

Email: tars@tars.com.au

NEW-Independent Living Centre

Located in Parramatta NSW, this not-for-profit community based organization is recognized as a charity. Their purpose is to inform people's choices of assistive technology by providing impartial advice and information.

For more information contact 1300 885 886 or email welcome@ilcnsw.asn.au

NEW: 2011 – 2012 Entertainment Book - Fundraising

The New entertainment book is available from Central Coast Disability Network for \$60.00 with over \$15,000 in valuable offers. The vouchers are valid till June 1st 2012. Funds raised from selling the books will go towards funding consumer holidays.

Please see attached Flyer for purchasing the books direct via credit card payment or by contacting Central Coast Disability Network on 43242355. If you would like printed flyers for your organization please call CCDN on 43242355.

NEW- Free Shuttle Bus Service

The Gosford free shuttle bus will be replacing the existing route 41, and will be operate on a continuous loop around the city centre- connecting the train station and transport interchange with local shops, hospitals and community hubs. Shuttle buses run every 20 minute and are a fast and easy way to get around.

Monday- Friday: 8:45am- 2:45pm

Saturday: 9:05am- 4:05pm

Sunday: 9:05am, 12:05pm, 3:05pm

NEW- Australian Government Directory of Services for Older People 2011

This directory is a guide to Australian Government programs and services of interest to older people. It contains a brief description of each these and provides contact information for most listings.

Free copies of the directory can be ordered at National Mailing and Marketing. Phone 02 6269 1080 or email health@nationalmailing.com.au

NEW- NSW Health website Active and Healthy

A new NSW Health website www.activeandhealthy.nsw.gov.au is now available. It is a web based directory of best- practice community exercise programs with a falls prevention component. It is a statewide directory available for local communities, health professionals, exercise leaders and health service staff to access falls prevention information, and to identify falls prevention exercise programs in their local area. The registered exercise programs have been reviewed against specific criteria established by falls experts.

Bateau Bay Golf Driving Range

Supporting people with a disability to gain new employment skills, Job Centre Australia have placed a number of people with a disability in employment at the Bateau Bay Golf Driving Range. Open 7 days a week the Golf Driving Range would make a great day out for clients, team building or just to improve your swing.

For more info visit <http://www.bateaubaygolfrange.com.au> or phone 43 336 332.

Ageing, Disability and Home Care & Sport and Recreation

Respite camps for teens aged from 13 – 17 years with an intellectual disability are provided by ADHC and Sport and Recreation. The camps will be made available to teens who may otherwise have limited access to leisure and recreational activities. Some weekend camps are also available for siblings of teens with a disability.

Camps are funded by Sport and Recreation and ADHC includes:

- Accommodation, meals for participants
- Carer support
- Qualified instructor led activities.

For more information ask to speak to the respite camps Coordinator/intake officer from Ageing, Disability and Home Care by phoning 1300 205268.

Central Coast Carer Support

The 2010 version of the Central Coast Support Groups & Services Directory has been updated and is available to view or download from the Carer Support internet.

www.nscchahs.health.nsw.gov.au/carersupport/cc/servicedirectory.shtml

If you have any comments, updates or additional information for the directory, please contact the Carer Support team on 4320 5556 or by email CSUCC@nscchahs.health.nsw.gov.au

Life Without Barriers

The Life Without Barriers Central Coast office relocated on the 10th December 2010.

New office address:

Suite A, 2 Reliance Drive, Tuggerah Business Park 2259

Phone 4343 8830 Fax 4355 4196

Upcoming Events

NEW: Entertainment:

FREE MUSIC LESSONS: Thursday afternoons from 10th February- 8th April. Learn the guitar and sing music showcase on April 19th. Gravity Youth Centre Lake Haven

Phone: 4393 9555

LIVE: Entertainment, hip hop dancing/ musicians. The Entrance Memorial Stage, March 26th 4pm

NEW- Coastwide Child and Family Services

Free sessions will be running for parents/ families/ carers of young children with disabilities, chronic medical conditions or suppressed immune system. These sessions will provide action plans, help and advice, a way to communicate within the same circumstance and simple starter packs for more information on support and more resources.

Workshop sessions will be held:

Thursday morning: 9:03am- 11:00am

Liberty Family Church, 129-131 Erina Street Gosford

Also have 2 other MyTime groups operating in Gosford and Peninsula areas

Tuesday 9:30am- 11:00am- Umina Surf Club

Friday 1:00pm- 2:30pm- Erina Community Health Centre

Booking is highly recommended. Ph: 4340 1111 or email: mytime@ccfdc.com.au

NEW- Hi 5 Concert

Life Without Barriers invites young people 8 to 12 yrs, with low support needs to Hi 5 Concert.

Date: Monday 11th April 2011 (School Holidays)

Cost: Free coach trip, lunch and show bag.

Bring Hat and Sunscreen

Contact Narelle on 43438837 or 0428256839 for application form and further information.

NEW: FairHaven Markets/ Fete and Bingo

DAVISTOWN RSL MARKETS AND FETE 2011

A large undercover market held in the Club's Auditorium flowing out to the veranda. Held once a month on a Sunday from 9am-2pm. Cost per site of \$20-\$25- insurance required- booking essential.

Venue: 19 Murna Road, Davistown.

No Markets:, March 20th, April 17th, May, June 19th, July 17th August 21st, September 18th October, November 20th and December 18th

POINT CLARE MARKETS/ FETE 2011

209 Brisbane Water Drive, Point Clare

Large outdoor markets, booking is essential \$20 per site

Saturday May 7th (combined Fete and Markets) 9am-3pm

Saturday October 29th (Spring Markets) 9am-3pm

CLUB BINGO AND CASH HOUSIE SESSIONS

Ettalong Bowling Club- 103 Springwood St Ettalong

Club bingo-only \$4 to play Mondays 11am

Wednesday 10am

Club bingo \$4 book/ \$2 raffle Thursdays 7:30pm

Cash housie Mondays 7:300pm

Everglades Country Club- Dunban Rd, Woy Woy

Club bingo- \$4 book/ \$2 Raffle Wednesdays 7:30pm

Club Bingo- \$4 book Fridays 10:30am

Erina Leagues Club- 4 Ilya Ave Erina

Club bingo Tuesdays 10:30am

Club bingo Wednesday 7:30pm

East Gosford Progress Hall- 10 Henry Parry Drive, East Gosford

Canteen on site- free tea/coffee

Cash Housie Fridays 7:30pm

Further information regarding housing sessions contact Sue on 4323 3566 or 0407 757 866

OP SHOP -209 Brisbane Water Drive, Point Clare

Monday to Friday 10am-3pm

Saturdays 10am- 2pm

Selling clothing from \$1- \$2, games, DVDS, books, records, house hold items, toy, crafts, jewellery. Please contact Sue 4323 3566 or 0407 757 866

NEW- Central Coast Community College: Art & Craft

Funded classes of arts and crafts for adults with disabilities living in the Wyong/ Gosford Local Government area; with an unpaid carer. Classes are on Saturday 12:30pm - 4:30pm March-June 2011. For enrolment applications or enquiries' contact Jean Ardley or Hazel Gibbons: 4348 4300 or email info@ccccc.nsw.edu.au

NEW- The Entrance Community Cafe- Play Cafe

Play cafe, coffee chat and play. Every Wednesday 10am to 12pm from the 23rd February 2011 Children welcomed great coffee and snacks, healthy child friendly food, books, toys, play equipment, meet other parents / carers who live in the area, chat and relax.

No booking required

The Entrance Community Centre, cnr Oakland and Battely Aves The Entrance.

For more information contact Sally Jope on 4253 0093

Paula Jarman 0410 026 142

NEW – Multicultural Craft and Conversation Group

Multicultural craft and conversation group, invite all women who are speakers of English as a second background to participate in craft making with childcare available free of charge. Term 2 is mosaic Arts- coloured glass, stone and pottery picture designs.

TERM 2: 9th May to 27th June (mosaic art)

Monday 30th May- Yoga for beginners

Monday 27th June- Vegetable gardening

Where: Northern Women's Health Centre, 7 Rose Street WYONG

Cost: No Cost, however gold coin donation appreciated

Childcare: available free of charge- please advise when booking.

Booking: Essential

Phone 4351 11 52 **Email:** nwhc.reception@cccwhc.com.au

NEW: Day To Day Living Group Outing

Day to Day Living Drop In Centre is organising a scenic drive and picnic for people with a mental illness. Enjoy the drive, the scenery and a bite to eat. 10 Seats Available, Numbers Limited. BYO Water, Hat and sunnies, comfy shoes.

Where: Hawkesbury River BBQ and Bush Walk

When: Thursday 7th April 2011

Where: Wisemans Ferry

When: 21st April 2011

Time: Leave Day to Day Living Drop in Centre at 09:30am, return 3:30 pm approx.

62 William Street, Gosford

Cost: \$3.00 – Includes Transport and Lunch

Contact: 4322 8799 or 0447 477 971

Sport and Recreation Disability School Holiday Activities

NSW Government Sport and Recreation are holding holiday activities for Special Need children with various disabilities. Please let clients know that when booking in to disability programs they need to specify the disability program to avoid any confusion with other similar mainstream activities.

Activities being offered are: Family Canoe/Kayaking (8+years); Drama Theatre Sports (5-17 years); Golf; Gymnastics for kids with a disability (7-17 years); Disability CARES bicycle safety; Surf Life Saving (5 – 13 years); Wheelchair Sports Roadshow and Boccia.

For more information or to make a booking call 13 13 02 or 4362 3184 or visit www.dsr.nsw.gov.au

Conferences/Training/Expos

NEW: Central Coast GROW Groups

Group: Woy Woy

When: Monday 7:00pm

Venue: St. Luke's Anglican Church Hall, 151 Blackwall Road Woy Woy (behind Church)

Organiser: Amber **Phone:** 4368 3677

Group: Bateau Bay

When: Thursday 10:30am

Venue: Baptist Church, 8 Yakkalla Street Bateau Bay (Back of church)

Organiser: Kevin **Phone:** 0413 060 852

Group: Wyong

When: Wednesday 6:30pm

Venue: Mckinnon Community Hall, Bakers Lane WYONG

Contact: Michael **Phone:** 0424 525 253

Contact GROW NSW for all group locations:

Phone: 1800 558 268

Website: www.grow.net.au

NEW: TAFE: Children Services

Service designed for those working with youth and community services who want to update their knowledge in line with Keeping Them Safe legislative changes. The role of the mandatory reporter will be covered as well as the policy and procedural implications of the legislative changes.

Venue: Yerra Early Childhood Centre TAFE/ University Campus, Brush Rd. Ourimbah
Course Options: Thursday 31st March- 10.00am- 12:00noon or Tuesday 14th June- 6:30pm- 8:30pm
Delivery: 2 hours face to face workshop session
Cost: \$45.00 P.P
Group Size: Minimum of 12 Max of 25
Presenter: Selma Jo Wastell
Enquiries: Commercial Course Co-ordinator
Phone: 4979 1691
Post Registration form to: TAFE NSW, PO Box 138, Cardiff NSW 2285
Or **Fax:** 4979 1699

NEW: - Groupwork Solutions Training Workshops in ACT

Working with the potential for violence workshop 27th April 2011
Engaging men in family based program workshop 28th April 2011
Building cooperative relationships with separated fathers Workshop 29th April 2011

Venue: Mackillop House, 50 Archibald St Lyneham, ACT
Cost per workshop: \$198.00. Morning Tea and Lunch provided
For more information and to register, visit www.groupworksolutions.com.au

TAFE: Keep Them Safe

Service designed for those who want to update their knowledge in line with keeping them safe legislative changes. The role of the mandatory reporter will be covered as well as the policy and procedural implications of the legislative changes.

Venue: Yerra Early Childhood Centre TAFE/ University Campus, Brush Rd. Ourimbah
Course Options: Thursday 24th March 2011- 6:30pm- 8:30pm or Wednesday 8th June 2011- 4:30pm- 6:30pm
Delivery: 2 hours face to face workshop session
Cost: \$45.00 P.P
Group Size: Minimum of 12 Max of 25
Presenter: Selma Jo Wastell
Enquiries: Commercial Course Co-ordinator
Phone: 4979 1691
Post Registration form to: TAFE NSW, PO Box 138, Cardiff NSW 2285 Or **Fax:** 4979 1699

TAFE: Children's Services - Ourimbah

Course No. 19586. Identify and respond to children and young people at risk of harm competency unit CHCCHILD401A
Venue: Yerra Early Childhood Centre TAFE/ University Campus, Brush Rd. Ourimbah
Dates: Saturday 2nd April 2011
Time: 9:00am-1:00pm

Delivery: 4 hours face to face workshop session and take home assessment. The assessment is to be returned to the presenter within 3weeks of the workshop.

Cost: \$95.00 P.P (learner Resource included)

Group Size: Minimum of 10 Max of 20

Presenter: Selma Jo Wastell

Enquiries: Commercial Course Co-ordinator

Phone: 4979 1691

Post Registration form to: TAFE NSW, PO Box 138, Cardiff NSW 2285

Or **Fax:** 4979 1699

Interagency Matters

Disability Interagency Meeting

Next Disability Interagency Meetings will be held on:

11th May 2011

10th August 2011

9th November 2011

PLEASE NOTE: NEW VENUE:

Erina Centre (next to Erina Library)

Erina Fair

Room Space 3

Have you wanted to be informed about anything special?

Have you wished the Disability Interagency Meeting covered a certain topic?

If so please inform CCDN on info@ccdn.com.au

NEW: Central Coast Community Services Interagencies and Forums

A list of the CC Interagencies and Forums have been compiled to make relevant stakeholders aware of what interagency work is happening on the Central Coast. The document includes the contact, meeting cycles and venue details. The list is available from Anne Boyle at CCDN. Contact 43242355. CCDN will distribute the document via the interagency contact list.